



# 2017 State Service Learning Project

## Care Package Suggested Items List

### Food Items:

- Pre-sweetened powdered drink mix packets
- Beef jerky
- Gum
- Tuna or Chicken Creations Lunch kits
- Cup O Noodles or Cup O Soup
- Protein/Granola Bars
- Coffee Creamer and Sugar Packets
- Ground Coffee packets and tea bags
- Hot Chocolate
- Trail Mix and Nuts
- Small boxes of cereal
- Cookies
- Candy Fruit Snacks (roll-ups, gushers)

### Fun Things:

- Handheld games
- Board games (small travel size)
- Word Games (small travel size)
- DVD's and/ or CD's
- Nerf Football, basketballs (any type of ball)
- Playing Cards/ Card Games
- Dice Games
- Batteries- AA, AAA, C or D
- Whoopee cushions
- Paddle Balls
- Hacky Sacks
- Yo-Yo's
- Jigsaw puzzles
- Velcro
- Squishy Balls
- Magazines/books

### Toiletries:

- Lip Balm/chap stick
- Deodorant
- Toothbrushes and Toothpaste
- Eye Drops
- Baby Wipes
- Gold Bond Powder (for their feet)

### Other Items:

- Foot Powder
- Fabric softener sheets (for inside boots)
- Phone Cards (need to call home)
- Small tablets of paper and pens
- Socks (heavy white or black cotton only)
- Bug wipes
- Sunglasses
- Blank Cards with envelopes
- Brown T-shirts (size: Med/Large/Xlarge)
- Boxer Shorts (size: Med/Large/Xlarge)
- Handmade Item (greeting cards, etc.)

### Item Not Allowed:

- Anything Glass
- Religions or Political Materials
- Pork Products

**This list above is suggestions only- our service men and women will welcome anything you would love to send. We just need to let them know we are thinking about them**